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On this edition of Sightings, we're probably dealing with the most important issue in the history of the human race.

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If it's so important, why is the government hiding its UFO secrets?

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UFOs are downright scary. When you get right down to it, it would have severe ramifications.

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They're healing miracles from inside Russia.

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She saved my life.

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Also, the mystery circles continue to form and there are bizarre side effects.

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It's known as getting zapped. Three people became unconscious within the circle.

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Plus, they call it the trail of death for a very good reason.

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The whole area is haunted by pioneers that were killed.

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Later, guided imagery saves lives. Then, the animals have a quake sense.

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I didn't know what it was that she was trying to tell me.

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And then when the earthquake hit, I knew what was wrong.

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Music

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Welcome to Sightings. I'm Tim White.

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Most people understand and accept the government's need to keep certain projects top secret for reasons of national security.

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But Sightings has spoken with former government personnel who charge that not only does the government keep certain projects secret,

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it also creates bogus projects to divert the pride eyes of the American public.

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It's called disinformation.

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What does the United States government and the military know about UFOs?

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And when did they know it?

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For nearly 50 years, researchers and private citizens have been asking for answers to no avail.

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Have we made contact with an extraterrestrial intelligence?

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Are we being kept from the truth through a systematic plan of disinformation?

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Certainly there is a cover-up. That's not the important question. That's a given.

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The ability to maintain a cover-up is directly proportional to the magnitude of the secret that's being kept.

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If the secret is only that there are UFOs, that there are extraterrestrials coming here visiting the planet,

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then I submit to you that's not much of a secret.

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It has to be something so potentially shattering to the basic sociological structure of the planet

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that anybody privy to it takes one look at it and says, oh my god, we've got to keep the lid on this.

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How are we going to tell the public?

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Charges of government conspiracy are nothing new.

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But what is new are revelations that not all secret government projects have been for the greater public good.

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As recently as the early 1970s, LSD was given to unwitting human subjects.

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In the 1940s, people received plutonium injections without their knowledge or consent.

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And during the Cold War, human guinea pigs were used to determine the effect of nuclear bombs

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dropped within close range.

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These experiments and hundreds of other secret military projects

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proved that the government is capable of large-scale deception.

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Clandestine operations in the name of national security came to public attention for the first time in the 1950s with the U-2 spy plane.

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Just before it became operational in 1954, a plan was developed in which they said,

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how do you hide an airplane with a 60-foot wingspan? You don't.

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Leo Janus worked in the Johnson White House before becoming a correspondent for Time Magazine.

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In Skunk Works, Janus investigates the top secret test center where the U-2 was developed.

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So they made up a story.

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And the story was that this airplane was being developed to study high altitude weather and so on and so forth

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and put out an official news release lying to the American people.

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But keeping the wraps on the new generation of spy plane is a far cry for maintaining a massive UFO conspiracy.

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The statistics charge that if our government does have evidence of alien craft or life forms,

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someone somewhere would leak it.

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That a secret this big just could not be kept.

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Nonsense. Nonsense. You can do it. I'm convinced of that.

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George Knapp is another investigative reporter who believes that the U.S. government consistently hides the truth from the public.

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He showed sightings documents that outline government procedures for launching a disinformation campaign called cover stories.

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Our government does it all the time. There are even printed guidelines for how cover stories disinformation are supposed to work.

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In April of 1994, there was even a review of the cover story policy by something called the Joint Security Commission,

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something hidden in the bowels of the Pentagon.

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They said it in a very delicate way, we're doing this too much. We're doing it too much for the wrong reasons.

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It's too expensive. It's not getting the job done.

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But it recommended rewriting the guidelines for cover stories.

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In other words, let's revise the way we lie to the American public and the rest of the world.

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Robert O. Dean is a retired Army Sergeant Major who served on the front lines in Korea and Vietnam

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and was later assigned to NATO's Supreme Headquarters Command.

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He claims to have had NATO's highest security clearance, which is called, strangely, a cosmic top-secret clearance.

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It was during his tenure at NATO that Dean claims he read a 12-inch thick intelligence report on UFOs.

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I have to be honest with you and tell you that that information literally changed my life,

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00:06:03,000 --> 00:06:12,000

because I knew for the first time that this subject was not fantasy, it wasn't myth, it wasn't legend, it was real.

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It was true.

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But why is Dean breaking his silence now, nearly 30 years after reading that life-changing report?

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One of the reasons I'm violating my national security oath is that I believe that the American people are losing their Constitution

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because of the secrecy and the cover-up.

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We've got people in positions of power that are making national policy that were never elected for this.

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They're not accountable or not responsible to either the executive or the legislative branch, and that's got to stop.

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Dean and others charged that secret government enterprises called Black Projects are far more widespread and far more damaging than most people believe,

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and the best minds in the country are in charge of keeping them secret.

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The people who engage in disinformation are a lot better at it than we are at figuring it out.

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This document from the CIA's Office of Scientific Intelligence reveals that the agency was proposing a UFO disinformation plan as early as 1952.

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The document also details an investigation of NICAP, a private UFO watchdog group.

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They spied on it, they infiltrated it, they became officers in it, and soon thereafter the regular members who'd kept this thing going for a number of years lost interest.

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Despite hundreds of pages of documentary evidence, the only officially recognized government investigation of UFOs is Project Blue Book.

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Now, I look upon Blue Book itself as a little bit of disinformation.

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To tell the people, yes, we're doing something, when in reality Blue Book, as we understood it, was simply a public relations front.

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And those of us who really dug into it know that Blue Book was a cover.

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It was a PR cover that they didn't really address the reality of the issues.

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It was a PR attempt to show the public, well, we're doing some research.

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Yeah, we're really paying attention to it.

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But most of the real solid material never went to Blue Book, and Air Force pilots knew this.

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And according to Dean, disinformation continues to this day.

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To give you an example of the most recent example of absurd disinformation was this incident involving the Roswell incident.

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First, the Air Force says it was a weather balloon.

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And 50 years later they said, gee guys, we're sorry, it really wasn't a weather balloon.

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It was much more than that, but it was a balloon.

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Project Mogul.

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Well, I'm tempted to use terms that you'll have to bleep out.

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This is garbage. That's disinformation.

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00:08:54,000 --> 00:08:58,000

That's lying through your teeth to the American people.

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00:08:58,000 --> 00:09:01,000

And if that isn't disinformation, I don't know what is.

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What Dean is referring to is this 23-page statement about the Roswell incident released by the Air Force in late 1994.

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In it, the Air Force attempted to link veteran researcher Stanton Friedman to ludicrous stories in the tabloid.

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They said, in 1978, an article appeared in a tabloid newspaper, The National Enquirer.

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The fact of the matter is, there wasn't an article in the Enquirer.

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So it's not only wrong information, it has a purpose to create a false picture of what was going on.

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After all, it's just tabloid nonsense.

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Bob Dean believes that there have also been attempts to discredit his UFO investigations.

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We're not merely dealing with probably the most important issue of our time,

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00:09:49,000 --> 00:09:53,000

we're probably dealing with the most important issue in the history of the human race.

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00:09:53,000 --> 00:10:00,000

This is something I believe in my heart, that the truth on this issue will literally set us free.

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George Knapp is not so optimistic.

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I don't see any way it's ever going to end. The nature of the information itself.

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I mean, we all say we have a right to know, we want to know, we're ready.

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00:10:11,000 --> 00:10:20,000

I'm not sure we are ready. Some of the more outrageous aspects of alien visitation, UFOs, are downright scary.

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00:10:20,000 --> 00:10:27,000

We can say we're ready all we want, but I think when you get right down to it, it would have severe ramifications.

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Sightings is in the midst of its own investigation into charges of a government UFO conspiracy.

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We have examined hundreds of documents, including this Air Force study that concludes that there is a possibility

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of alien visitors to our planet, or at least of alien-controlled UFOs.

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We'll bring you our full report on upcoming editions of sightings.

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When sightings continues, they've been hidden from the West, but now Russian psychics share their healing secrets.

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She saved my life.

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In the 1970s, Americans saw startling black-and-white film of Russian psychics,

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apparently endowed with telekinetic powers.

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Were they fakes, magicians, or could they really move objects with the power of the mind?

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Americans had no way of knowing. Russia was a closed society.

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But today, our sightings crew traveled freely in a more open Russia, searching for those legendary psychics.

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In Moscow, our Russian contacts suggested that film of psychics with telekinetic powers

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was part of a U.S. propaganda campaign aimed at discrediting the Soviet Union.

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00:11:39,000 --> 00:11:47,000

And that while America was focused on bogus mentalists, real Russian psychics were healing people with serious illnesses.

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00:11:47,000 --> 00:11:49,000

She saved my life.

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00:11:52,000 --> 00:11:55,000

They say I died ten times.

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00:11:57,000 --> 00:12:01,000

With the help of a healer, my child recovered before my eyes.

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Our sightings team has interviewed many people throughout the former Soviet Union

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00:12:06,000 --> 00:12:11,000

who claim that they have been healed through the supernatural power of a psychic healer.

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And no healer is more renowned than 65-year-old Maria Larinova,

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00:12:19,000 --> 00:12:23,000

who believes that she can transfer healing energy through her hands.

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00:12:24,000 --> 00:12:27,000

I operate with cosmic instruments.

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00:12:27,000 --> 00:12:30,000

My hands are covered with invisible gloves.

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On my right hand, there are inscriptions and the stamp of three saints.

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The cosmic symbols that Larinova describes are not visible to the naked eye,

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but x-rays of her right hand reveal this strange pattern beneath the skin.

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Larinoa believes that this pattern was placed in her hand to remind her

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00:12:50,000 --> 00:12:53,000

of the mysterious healing energy she possesses.

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00:12:53,000 --> 00:12:57,000

And her claims are supported by government-run health organizations,

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00:12:57,000 --> 00:13:02,000

which place tremendous faith in the power of Larinoa and other psychic healers.

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Since I was born, I have always known that I can raise the dead, heal and solve problems that people have on earth.

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When I meditate, I connect with my own spirit first and then with the spirit of the Heavenly Father,

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the cosmic father with the cosmic reason.

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I feel energy pouring down from space and touching me.

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At these times, I can heal.

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Edward Namoff is president of the International Psychotropic Association

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and a leading authority on parapsychology.

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00:13:35,000 --> 00:13:39,000

He has traced psychic healers as far back as Ivan the Terrible

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00:13:39,000 --> 00:13:46,000

through Rasputin's supposed healing of Tsar Nicholas II's hemophiliac son and into the present.

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Many powerful people secretly asked for advice and used it.

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Like Stalin, Brezhnev himself was treated by a psychic healer.

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There have always been a lot of psychics in Russia.

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00:13:58,000 --> 00:14:00,000

The inquisition didn't kill them.

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00:14:00,000 --> 00:14:04,000

They were killed in the West and therefore they were appeared there.

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00:14:04,000 --> 00:14:08,000

But in Russia, many such talented psychics remained.

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00:14:08,000 --> 00:14:12,000

Sightings was invited to observe a demonstration of psychic healing.

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Carillion photographs of Mazia's fingertips were taken before and will be taken after a healing session.

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These photographs are said to capture an electromagnetic aura emanating from the human body.

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This woman is suffering from liver disease.

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Before Mazia begins, doctors take baseline readings of the patient's physical condition

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using an electronic sensor popular in Russia but little known in this country.

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00:14:37,000 --> 00:14:41,000

Doctors will compare these readings to those taken after the patient's session with Mazia.

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00:14:41,000 --> 00:14:48,000

My grandmother possessed a healing gift as well as a gift for black and white magic.

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00:14:48,000 --> 00:14:52,000

My abilities came to me through the genes.

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00:14:53,000 --> 00:14:58,000

This is the Carillion photograph of Mazia's fingertip taken before the healing session.

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00:14:58,000 --> 00:15:01,000

This is the same fingertip after the session.

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There is a marked increase in the amount of electromagnetism represented here in red.

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00:15:06,000 --> 00:15:13,000

Researchers believe that it is this increased magnetism that somehow creates an environment conducive to healing.

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00:15:13,000 --> 00:15:17,000

I felt so happy. I even had tears in my eyes.

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00:15:17,000 --> 00:15:22,000

But it was from happiness. I felt extremely light. I wanted to fly away.

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00:15:22,000 --> 00:15:28,000

And when the doctors compared readings that they had taken before and after the session,

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00:15:28,000 --> 00:15:33,000

there were dramatic changes in the patient's physiology.

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00:15:36,000 --> 00:15:43,000

The walkers are returning to normal. It seems that they are in balance and she has entered the corridor of health.

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00:15:43,000 --> 00:15:48,000

But the doctors also cautioned us that the effects of the healing seem to be temporary.

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00:15:48,000 --> 00:15:54,000

Doctors here are continuing to work with Mazia and other psychic healers in a long-term study.

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I have had many different treatments over the years for my condition.

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00:16:02,000 --> 00:16:07,000

I have even been declared dead ten times before finding this procedure.

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Larry Inova specializes in healing spinal injuries and severe spinal deformities.

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She claims that she can relieve pain and correct deformities through a kind of psychic massage in which she transfers energy into her patients.

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During healing sessions, sightings observed, Larry Inova emitted a strange whistling sound

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00:16:27,000 --> 00:16:32,000

that she told us was an audible manifestation of the mysterious power inside her.

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Another seeming manifestation of Larry Inova's power can be seen in these photographs.

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00:16:39,000 --> 00:16:47,000

Special heat-sensitive film has captured something surrounding Larry Inova's hands that resembles a mist or fog.

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Only her hands have been photographed in this way, leading researchers to believe there is an important connection between this phenomenon and Larry Inova's supposed psychic powers.

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As strange as these healing methods may seem to us, they are part of a long tradition of healing in Russia that has outlasted changing governments and ideologies.

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Since Imperial Russia, we have looked for a material source of paranormal phenomena.

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In the West, only the psychological part has been developed, while we try to penetrate the depths of psychology and physiology.

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We are only now learning what 70 years of communist rule tried to keep hidden.

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Throughout Russia and the Commonwealth of Independent States, psychics are performing healing miracles worthy of further study using Western methods.

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But the study has yet to begin.

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00:17:42,000 --> 00:17:49,000

For many people, psychic healing is a last resort after all traditional medical approaches have failed.

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But in most of the towns and villages throughout the former Soviet Union, psychic healers are the only healers.

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00:17:56,000 --> 00:18:01,000

Their psychic powers are accepted without question, just as they have been for centuries.

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00:18:01,000 --> 00:18:05,000

Next, a crop circle update. What is the British government hiding?

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00:18:05,000 --> 00:18:11,000

These formations are the product of a creative and inventive intelligence.

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00:18:12,000 --> 00:18:22,000

Recently, sightings brought you a remarkable videotape of mysterious lights that appear to be creating a crop circle in southern England.

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00:18:22,000 --> 00:18:28,000

The British Ministry of Defense dismissed the lights, claiming they were simply reflections from helicopter strobe lights.

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00:18:28,000 --> 00:18:33,000

But the lights keep appearing, and the crop circles keep forming.

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00:18:34,000 --> 00:18:46,000

If the Avery mystery lights are simply reflections and crop circles are all hoaxes, why is this military helicopter so interested in this field in southern England?

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00:18:46,000 --> 00:18:50,000

A field where a new crop circle has just been formed.

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00:18:50,000 --> 00:18:57,000

If they have nothing to hide, why do they appear to be threatening this civilian photographer with low altitude maneuvers?

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00:18:57,000 --> 00:19:00,000

They're obviously doing this quite deliberately.

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00:19:04,000 --> 00:19:10,000

Despite what he perceived as a direct threat, the photographer continues filming the helicopter.

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00:19:10,000 --> 00:19:18,000

He tracks it to an adjoining field, where the chopper suddenly stops and begins to hover just above a bright, anomalous light.

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00:19:18,000 --> 00:19:24,000

The light is seen here, more brilliant than sunlight, pulsing in a seemingly random pattern.

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00:19:24,000 --> 00:19:28,000

One witness recorded his on-site impressions.

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00:19:29,000 --> 00:19:32,000

There's some flashing thing on the ground.

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00:19:33,000 --> 00:19:42,000

Many serialists, crop circle experts, are investigating the possibility that these lights are, in some way, related to crop circles.

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00:19:42,000 --> 00:19:53,000

One theory being tested suggests that the lights are swirling energy balls that create an electromagnetic vortex which flattens, but does not burn, crops.

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00:19:53,000 --> 00:20:00,000

Researchers do not believe it is a coincidence that crop circles appear almost immediately after the lights are observed.

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00:20:01,000 --> 00:20:15,000

What we've seen repeatedly is malfunctioning of electronic equipment in the field, which instantly starts to work again as soon as you go out.

213

00:20:16,000 --> 00:20:22,000

The effect of this unknown energy seems to rig havoc with more than just electronic equipment.

214

00:20:22,000 --> 00:20:25,000

Many people claim to have felt its effects.

215

00:20:26,000 --> 00:20:36,000

It's known as getting zapped, and a first echelon zap is simply a standard headache, standard nausea.

216

00:20:36,000 --> 00:20:42,000

It lasts a couple of hours after you leave the circle. I've had this experience personally.

217

00:20:43,000 --> 00:20:51,000

And then there are circles which are so energetic, everybody who goes in them at the start feels ill.

218

00:20:51,000 --> 00:20:58,000

And we've had one this year which was so powerful, three people became unconscious within the circle.

219

00:20:59,000 --> 00:21:07,000

Half a world away, in Canada, Pat Grant, who is blind, has also experienced strange effects inside a crop circle.

220

00:21:08,000 --> 00:21:14,000

And when we walked in, I got a very, very frightening feeling.

221

00:21:14,000 --> 00:21:22,000

Like there was something out there that was watching me that I didn't know about.

222

00:21:22,000 --> 00:21:29,000

It was just a very eerie, eerie force around me.

223

00:21:29,000 --> 00:21:38,000

I think that whatever is doing this, whoever is doing this, is very concerned for us.

224

00:21:38,000 --> 00:21:49,000

That these formations are the product of a massive and prodigious intelligence, a creative and

inventive intelligence.

225

00:21:49,000 --> 00:21:56,000

They are not taking over the radio waves and making some verbal announcement in our own terms,

226

00:21:56,000 --> 00:22:06,000

which we can then talk about and consider and have meetings at the UN about, because they know that's not worked.

227

00:22:06,000 --> 00:22:17,000

Seriologist Michael Glickman continues to find new formations around the world that support his contention that this will be another magic year, as he calls it, for crop circles.

228

00:22:18,000 --> 00:22:23,000

When sightings returned, I looked at and I saw blood trickling down on the wall.

229

00:22:23,000 --> 00:22:26,000

Ghostly entities haunt the old Oregon Trail.

230

00:22:26,000 --> 00:22:29,000

Then guided imagery may save the life of this child.

231

00:22:29,000 --> 00:22:33,000

And is it a myth or can pets really predict violent earth changes?

232

00:22:36,000 --> 00:22:39,000

It's called America's longest graveyard.

233

00:22:39,000 --> 00:22:50,000

Between 1840 and 1860, more than 300,000 pioneers used the Oregon Trail to reach the west, and more than 20,000 died and were buried along the way.

234

00:22:50,000 --> 00:22:56,000

Now more than a century later, people in an area near the Oregon Trail's end believe that they are being haunted.

235

00:22:57,000 --> 00:22:59,000

Journal entry, 1843.

236

00:22:59,000 --> 00:23:01,000

My wife is sick.

237

00:23:01,000 --> 00:23:05,000

I carry my babe through snow and mud and water almost to my knees.

238

00:23:06,000 --> 00:23:09,000

One in ten of the people who started west would die on the trail.

239

00:23:10,000 --> 00:23:14,000

The 2,000-mile-long Oregon Trail exacted a terrible human toll.

240

00:23:14,000 --> 00:23:18,000

For every mile of trail, there are about 15 unmarked graves.

241

00:23:18,000 --> 00:23:24,000

There were many accidents, gunshot wounds, children falling out of wagons and being run over by wheels.

242

00:23:24,000 --> 00:23:27,000

The wagons were filled to capacity with supplies.

243

00:23:27,000 --> 00:23:29,000

The pioneers had to walk.

244

00:23:29,000 --> 00:23:32,000

It was a five-month trek if you were one of the lucky ones.

245

00:23:32,000 --> 00:23:41,000

There would be over 300,000 people who headed west, so there would be over 30,000 graves along the trail.

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00:23:42,000 --> 00:23:48,000

Today, the last stretch of the Oregon Trail has a new name, Interstate 80.

247

00:23:48,000 --> 00:23:54,000

And Trail's end is flagged by homes and industry, never dreamed of by the pioneers.

248

00:23:54,000 --> 00:23:59,000

But for many, the pioneer spirit of those first settlers still remains.

249

00:24:00,000 --> 00:24:06,000

I was getting ready for work one morning, and I looked at and I saw blood trickling down on the wall.

250

00:24:07,000 --> 00:24:12,000

Recently, sightings was contacted by a family who live very close to Trail's end.

251

00:24:12,000 --> 00:24:18,000

Although they have asked us not to reveal their last name or the town in which they live, the family wants to tell their story.

252

00:24:19,000 --> 00:24:31,000

One time we had a butter knife on top of the butter, and Sarah and I were watching television, and then all of a sudden the knife flew across the kitchen floor.

253

00:24:32,000 --> 00:24:39,000

Julie, Gary and their daughter Sarah believe that they are living with ghosts, ghosts from the Oregon Trail.

254

00:24:40,000 --> 00:24:47,000

They come in different forms, like they come in lights, or they come as real people.

255

00:24:47,000 --> 00:24:55,000

We had a plant sitting over there by the table in the living room, and we'd come home, and the plant would be in the middle of the floor.

256

00:24:56,000 --> 00:25:06,000

Julie and Gary believe that these photographs capture physical manifestations of apparitions the entire family has felt, including the family dog.

257

00:25:07,000 --> 00:25:14,000

Our dog barked at it. He sits there and he looks at the air, he barks, and like somebody is petting him.

258

00:25:15,000 --> 00:25:19,000

Most of the activity takes place in what used to be Sarah's bedroom.

259

00:25:19,000 --> 00:25:28,000

I woke up one night, it was about four o'clock in the morning, and I saw someone, it was just like a light in the figure of a person.

260

00:25:28,000 --> 00:25:37,000

And I didn't think anything of it until my bed made a noise, and they started walking towards my room.

261

00:25:38,000 --> 00:25:44,000

And then I turned over so I wouldn't have to see them, and then I got a bloody nose, which usually happens when they're near me.

262

00:25:44,000 --> 00:25:54,000

She'd get to the point that she wouldn't go into her room. Sarah would have to sleep on the floor in our bedroom, because she was afraid to go into her room.

263

00:25:56,000 --> 00:26:01,000

When the spirits turned violent, Julie called in a local psychic and family friend.

264

00:26:02,000 --> 00:26:03,000

Where are you today?

265

00:26:04,000 --> 00:26:07,000

Linda felt the presence of a pioneer spirit too.

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00:26:07,000 --> 00:26:16,000

She did some research and discovered that the home was built on land once owned by pioneers who had lost many family members to the Oregon Trail.

267

00:26:17,000 --> 00:26:23,000

There's no doubt in my mind that the whole area is haunted by pioneers that were killed along the trail.

268

00:26:24,000 --> 00:26:32,000

Although only one family has come forward, many locals told our sightings crew off the record about the ghost of a little boy who wanders through town.

269

00:26:33,000 --> 00:26:40,000

One day my friend and I were walking down by the playground and there was a little boy, and he was holding onto the pole like he was very scared.

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00:26:40,000 --> 00:26:44,000

And when we looked back ten seconds later, he was gone.

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00:26:44,000 --> 00:26:49,000

Well, there's no way he could have gone out of the playground because the whole entire playground is fenced.

272

00:26:50,000 --> 00:26:53,000

And if he would have gone out, we would have heard him and seen him.

273

00:26:53,000 --> 00:26:58,000

It's a beautiful playground, but if you drive by, you'll see there's absolutely no children in it.

274

00:26:59,000 --> 00:27:05,000

And haven't been, because there's a spirit little boy that comes out and wants to play with the children.

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00:27:06,000 --> 00:27:07,000

And it frightens the children.

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00:27:10,000 --> 00:27:17,000

Sightings asked parapsychologist Dr. William Rohl, an expert in psychokinesis, to conduct an investigation.

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00:27:17,000 --> 00:27:20,000

He was joined by paranormal researcher Alex Thomas.

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00:27:21,000 --> 00:27:27,000

And there seems to be a line of activity coming through from that far wall through this corner.

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00:27:30,000 --> 00:27:31,000

Was this your room, Sarah?

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00:27:32,000 --> 00:27:37,000

The team believes that the haunting here is caused by a phenomenon known as place memory.

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00:27:38,000 --> 00:27:44,000

There has been so many things pass through this area, so many people, so many tragedies.

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00:27:45,000 --> 00:27:48,000

The Oregon Trail, the trail of death.

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00:27:48,000 --> 00:28:03,000

In this particular case, the stuff that's being generated from deep within inside the earth is much like the playback portion of the tape recorder, and the mind is acting like the speaker.

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00:28:04,000 --> 00:28:10,000

Dr. Rohl believes a geologic fault located directly under the home may be influencing the ghostly activity.

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00:28:10,000 --> 00:28:18,000

Sometimes the natural energies combine to create very striking effects.

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00:28:19,000 --> 00:28:24,000

One of the effects that are produced is like sort of mini tornadoes, sometimes lights.

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00:28:25,000 --> 00:28:28,000

Animals will very often respond to them.

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00:28:29,000 --> 00:28:36,000

But electromagnetic anomalies generated by the fault don't explain the poltergeist activity Julie reported seen.

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00:28:36,000 --> 00:28:46,000

Some of the occurrences in the home such as the plant moving across the floor appear to be due to PK, to psychokinesis of a matter effect.

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00:28:48,000 --> 00:28:57,000

Dr. Rohl believes that the haunting is caused by unusual natural forces combined with supernatural residue imprinted on the land.

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00:28:57,000 --> 00:29:06,000

His findings have encouraged the family in their decision to move away, somewhere with less history, far from the Oregon Trail.

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00:29:07,000 --> 00:29:13,000

No one can say with certainty whether or not Central Oregon is experiencing spiritual residue from the past.

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00:29:14,000 --> 00:29:20,000

But this story does remind us that the American dream is often built on the suffering of those who tried but failed to make it.

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00:29:21,000 --> 00:29:24,000

Next, guided imagery is saving lives.

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00:29:24,000 --> 00:29:26,000

He made it go away with his visualization.

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00:29:27,000 --> 00:29:30,000

Our consciousness form a blueprint for what our body does.

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00:29:35,000 --> 00:29:40,000

In the past year alone, over 100 billion dollars has gone towards finding a cure for cancer.

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00:29:41,000 --> 00:29:46,000

There have been some promising advances but progress is slow and people who are dying can't afford to wait.

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00:29:47,000 --> 00:29:52,000

Many search for a cure outside of the medical mainstream and sometimes they find it.

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00:29:55,000 --> 00:30:03,000

I get up in the middle of the night just at 2, 3 o'clock in the morning, wake up and put a mirror underneath him just to make sure he was still breathing.

301

00:30:04,000 --> 00:30:06,000

It was every parent's worst nightmare.

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00:30:07,000 --> 00:30:11,000

When he was only three years old, Rocky Edwards was diagnosed with leukemia.

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00:30:12,000 --> 00:30:16,000

Early detection, radiation and chemotherapy put the disease into early remission.

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00:30:17,000 --> 00:30:19,000

But at age nine, the cancer came back.

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00:30:19,000 --> 00:30:24,000

Dr. Maureen Halasek is a radiation oncologist who reviewed Rocky's case.

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00:30:25,000 --> 00:30:30,000

In 1985, Rocky Edwards was found to have a large tumor of the brain called a meningioma.

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00:30:31,000 --> 00:30:36,000

He underwent two surgeries, the latter of which only removed part of the brain tumor.

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00:30:37,000 --> 00:30:42,000

This was followed by external beam radiation, which was completed in April of 1986.

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00:30:43,000 --> 00:30:47,000

The following summer, there was a third attempt to remove Rocky's brain tumor.

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00:30:47,000 --> 00:30:52,000

It was unsuccessful. His parents were told that their son had less than a year to live.

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00:30:53,000 --> 00:30:54,000

They took him home to die.

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00:30:55,000 --> 00:30:59,000

I can remember standing in the hallway outside his room and the doctor said to us, there's nothing more we can do.

313

00:31:00,000 --> 00:31:03,000

We've done everything surgically possible.

314

00:31:04,000 --> 00:31:08,000

He said, take him home, enjoy him.

315

00:31:09,000 --> 00:31:11,000

If you haven't passed Christmas, consider yourselves lucky.

316

00:31:12,000 --> 00:31:15,000

I wasn't at all willing to talk about death.

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00:31:15,000 --> 00:31:21,000

I just didn't want to look at that possibility, even though it was definitely there.

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00:31:22,000 --> 00:31:24,000

Rocky's physical deterioration was rapid.

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00:31:25,000 --> 00:31:30,000

He was paralyzed on one side of his body and mentally, he quickly descended into a deep depression.

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00:31:31,000 --> 00:31:37,000

I didn't look myself at that particular time when I came back because due to the medicines they had me on,

321

00:31:38,000 --> 00:31:41,000

made me blow up like a balloon just above.

322

00:31:41,000 --> 00:31:46,000

And that had a lot to do with it when I came back.

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00:31:47,000 --> 00:31:49,000

But Rocky came from a family of fighters.

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00:31:50,000 --> 00:31:54,000

His mother searched for an alternative therapy and found a light at the end of the tunnel.

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00:31:55,000 --> 00:31:58,000

Deirdre Brigham is the author of Imagery for Getting Well,

326

00:31:59,000 --> 00:32:04,000

and the director of a behavioral medicine clinic that treats people suffering from critical illnesses.

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00:32:04,000 --> 00:32:09,000

What we do is deal with the emotional and psychological and the spiritual issues

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00:32:10,000 --> 00:32:13,000

that frequently come when you're faced with a critical illness.

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00:32:14,000 --> 00:32:18,000

Let's take time now to go on a journey.

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00:32:19,000 --> 00:32:23,000

The cornerstone of the Getting Well program is a process called guided imagery.

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00:32:24,000 --> 00:32:29,000

Here, Rocky is creating a series of images in his mind that help him fight his disease.

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00:32:30,000 --> 00:32:32,000

Amazing things happen.

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00:32:32,000 --> 00:32:36,000

People begin to relax. The blood vessels are not tightening up.

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00:32:37,000 --> 00:32:41,000

The heart begins to slow down. The immune system begins to work well.

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00:32:42,000 --> 00:32:45,000

And that's sort of basically what we're geared upon.

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00:32:46,000 --> 00:32:52,000

That our imagery, our beliefs, our consciousness form a blueprint for the way our life is going to be lived

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00:32:53,000 --> 00:32:55,000

and for frequently for what our body does.

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00:32:56,000 --> 00:32:59,000

Rocky didn't need an awful lot of help. He had in mind what he wanted to do.

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00:32:59,000 --> 00:33:06,000

At the time, the first thing that popped in my head was the Ghostbusters, which happened to be one of my favorites then.

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00:33:07,000 --> 00:33:17,000

And what I did is I kind of pictured the Ghostbusters in nice little handy packs, but with God's light coming out of them, like in a laser beam.

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00:33:18,000 --> 00:33:27,000

And I kind of pictured the tumor itself like a big, giant ball or something, cloud.

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00:33:27,000 --> 00:33:36,000

And the Ghostbusters annihilates hitting this ball, disintegrating it and making it disappear.

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00:33:37,000 --> 00:33:46,000

Imagery and an improved mental well-being may help from the standpoint of immunity, which is needed to fight disease.

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00:33:47,000 --> 00:33:54,000

The Getting Well program was founded on the principle that mental well-being, laughter and love are the keys to physical recovery.

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00:33:54,000 --> 00:34:01,000

I don't like the idea of terminal. I think that we're making a lot of assumptions when we say someone has a terminal illness,

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00:34:02,000 --> 00:34:07,000

because there's not a single illness that there is not at least one person who has recovered from it.

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00:34:08,000 --> 00:34:16,000

And I say, if there's one chance in a hundred, one chance in a thousand, why not go for it? Why shouldn't you be the one?

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00:34:16,000 --> 00:34:30,000

When a physician gives a patient a time diagnosis after the remaining lifespan, oftentimes the patient will program their mind and their body to expire at that time.

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00:34:31,000 --> 00:34:41,000

On the other hand, alternative therapies given in conjunction with surgery and radiation may help the patient from the standpoint of their mental well-being.

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00:34:41,000 --> 00:34:48,000

After eight months, Rocky's mental outlook improved dramatically and guided imagery seemed to be affecting his physical body as well.

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00:34:49,000 --> 00:34:59,000

The doctor who read the MRI said that there was calcification showing around the tumor and that the radiation Rocky was on was starting to work.

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00:35:00,000 --> 00:35:07,000

But Rocky was not on radiation at that time, so we just felt it was the light that was Rocky was directing at the tumor.

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00:35:07,000 --> 00:35:15,000

In 1991, Rocky had another MRI. His parents wanted to check the size of his tumor, but the tumor was gone.

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00:35:16,000 --> 00:35:28,000

I believe it was a number of things to help cure the tumor. I believe the Gettinwell had a lot to do with it. I believe I had a lot to do with it for fighting to live.

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00:35:29,000 --> 00:35:34,000

And I believe my family and my parents had a lot to do with it.

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00:35:34,000 --> 00:35:36,000

Without the program, Rocky would have died.

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00:35:37,000 --> 00:35:42,000

Most definitely. Without going through the Gettinwell, I feel he would not be here today.

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00:35:43,000 --> 00:35:50,000

Modern science can't tell us how it did, so as far as I'm concerned, yes. He made it go away with his visualization.

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00:35:51,000 --> 00:36:01,000

I wouldn't say I'm a special case. I'm just saying I am one of the lucky ones that fought my way through this cancer because I wasn't going to let it beat me.

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00:36:01,000 --> 00:36:17,000

The people that come in here are exceptional, and it doesn't mean exceptionally intelligent or exceptionally rich or whatever, but there is something within them that is willing to risk things for their own dreams.

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00:36:18,000 --> 00:36:25,000

That takes a very courageous person and a very special person, but if a person is willing to do that, it can happen to anyone.

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00:36:25,000 --> 00:36:41,000

It's important to note that guided imagery is not intended to replace a patient's current course of cancer treatment. No one should undertake any alternative therapy without discussing it first with their own doctor.

363

00:36:42,000 --> 00:36:46,000

When sightings returns, the experts call it quake sense, and it may save your life.

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00:36:47,000 --> 00:36:51,000

I know this sounds crazy, but I know I can't predict the earthquake.

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00:36:55,000 --> 00:37:07,000

It's been a year since the 6.8 Northridge earthquake hit Southern California. The freeways are being rebuilt and homes and businesses are being restored, but nerves are still frayed.

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00:37:08,000 --> 00:37:21,000

When will the big one strike? Seismologists say it's impossible to predict the exact date of any earthquake, but some people believe that animals possess a sixth sense that warns them when the earth is about to move. It's called quake sense.

367

00:37:22,000 --> 00:37:27,000

Fish will jump in the air sometimes before earthquakes, so just a whole school is a fish leaping in the air.

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00:37:28,000 --> 00:37:32,000

The pigeons really went. If I can use the phrase bonkers.

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00:37:33,000 --> 00:37:37,000

I know this sounds crazy, but I know I can't predict the earthquake.

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00:37:38,000 --> 00:37:47,000

Mainstream scientists dismiss these accounts as anecdotal. They insist that there is no way for any animal, including humans, to predict an earthquake.

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00:37:48,000 --> 00:37:51,000

But sightings spoke with one respected scientist who disagrees.

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00:37:52,000 --> 00:37:58,000

I was sort of unwilling for many years to accept that animals really knew something that our scientific gadgets couldn't detect.

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00:37:59,000 --> 00:38:04,000

Jim Birkeland is a geologist who spent 20 years analyzing earthquakes for Santa Clara County, California.

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00:38:05,000 --> 00:38:10,000

During that time he noticed that an unusually high number of pets ran away from home just before a big quake.

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00:38:11,000 --> 00:38:18,000

I was reading the Lost and Found column and I almost shuddered to see 27 missing cats when I was used to seeing three or four.

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00:38:19,000 --> 00:38:20,000

What do the cats know that I didn't?

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00:38:21,000 --> 00:38:26,000

They're reacting to the electromagnetic field and the magnetic fields that change prior to quakes.

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00:38:27,000 --> 00:38:33,000

This is documented. We know that these changes occur and I'm convinced that animals can detect these changes.

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00:38:34,000 --> 00:38:45,000

Before Birkeland began linking animals and earthquakes, he was well known for his seismic windows theory that the changing gravitational pull between the moon, sun and earth has a reciprocal effect on earthquakes.

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00:38:45,000 --> 00:38:55,000

Combining that theory with information about missing pets in Northern California, Birkeland accurately predicted the 7.1 quake that hit San Francisco in 1989.

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00:38:56,000 --> 00:39:01,000

This newspaper account of Birkeland's prediction appeared four days before the actual quake occurred.

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00:39:02,000 --> 00:39:05,000

I have never seen anybody predict earthquakes as accurate as he does.

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00:39:06,000 --> 00:39:13,000

Nick Corini raises championship homing pigeons. He depends on Jim Birkeland's predictions before racing his birds competitively.

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00:39:14,000 --> 00:39:25,000

Just before we have earthquakes, they become very energetic, very active. They're very uncomfortable and it affects them tremendously in a very negative way.

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00:39:26,000 --> 00:39:31,000

The negative effect on his pigeons that Corini describes has been documented scientifically.

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00:39:32,000 --> 00:39:42,000

When the pigeons are trying to come home, they know where north is, they use the magnetic field to come home and if the magnetic field gets distorted, the pigeon races can be endangered.

387

00:39:43,000 --> 00:39:50,000

They don't like to fly and that's usually just before an earthquake as the pigeons fly over a quake area that's about to kick off.

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00:39:51,000 --> 00:39:55,000

We know that animals have senses that are much more developed than ours.

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00:39:56,000 --> 00:40:00,000

Dr. Bernadine Cruz believes that animals do have special sensitivities that humans do not possess.

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00:40:01,000 --> 00:40:12,000

Animals have some abilities that we will never have. A dolphin's ability to echo, locate. A bat's ability to send off these sonar waves and to pick it up and to be able to get around basically.

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00:40:13,000 --> 00:40:23,000

I don't know if I can honestly say that an animal can tell when an earthquake is about to happen. I think they can sense that there are changes that are going on in their environment.

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00:40:24,000 --> 00:40:30,000

The problem with animal prediction of earthquakes is it's so difficult to interpret what the animals are doing.

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00:40:31,000 --> 00:40:37,000

But seismologist Dr. Kate Hutton does concede that there are subtle warnings before a quake that animals may be picking up.

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00:40:37,000 --> 00:40:50,000

We know there are electrostatic changes in a few hours or minutes before an earthquake because of

the strain being released in the crust and they might be sensing that.

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00:40:51,000 --> 00:40:58,000

Following the 1994 Northridge earthquake, many people reported that their pets had sensed the quake before it happened, including Sighting's own writer.

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00:40:59,000 --> 00:41:10,000

She jumped on the bed and she jumped right on my chest and she started meowing very insistently. She runs down the hall, she leads me into the baby's room, into the closet and she's counteracting in the closet.

397

00:41:11,000 --> 00:41:16,000

It happened over and over and I kept saying, what's wrong? What's wrong?

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00:41:17,000 --> 00:41:27,000

Unfortunately, I didn't know what it was that she was trying to tell me. So I went back to bed and I said to my husband, that's it, we're taking her to the vet in the morning. I mean, there's something wrong with the cat.

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00:41:28,000 --> 00:41:32,000

And then when the earthquake hit, I knew what was wrong.

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00:41:33,000 --> 00:41:41,000

Cats handle stress in a lot of different ways. Cats oftentimes, when they get stressed, will become very reclusive. They'll just go ahead and hide.

401

00:41:42,000 --> 00:41:47,000

But can pets really succeed with quake sense where the most delicate scientific instruments have failed?

402

00:41:48,000 --> 00:41:57,000

Being the writer for Sighting's, I have to be skeptical because we hear all kinds of stories from all kinds of people. Some of them are hoaxes, some of them are genuine.

403

00:41:58,000 --> 00:42:11,000

So when I started telling people at Sightings that my cat had predicted the earthquake, they were dealing with me in the same skeptical way. And I was mad. I was saying, wait a minute, my cat predicted the earthquake.

404

00:42:12,000 --> 00:42:17,000

And they were kind of, yeah, yeah, sure. So I had a little bit of a taste of being on the other side.

405

00:42:18,000 --> 00:42:24,000

Jim Berkeland is used to being on the other side. His earthquake prediction methods are looked at with skepticism by his colleagues.

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00:42:24,000 --> 00:42:37,000

I had to make that choice some years ago. Was I going to conform or was I going to inform? And I have to come down on the side of informing because I have a greater duty to society.

407

00:42:39,000 --> 00:42:46,000

Many people in the earthquake country report that their pets act strangely right before Big Jolt, but their accounts aren't specific.

408

00:42:46,000 --> 00:42:56,000

Until pet owners begin writing down and documenting their animal's behavior, the concept of quake sense will remain unproved and unaccepted by science.

409

00:43:16,000 --> 00:43:26,000

Until next time, remember, no mystery is closed to an open mind. For Sightings, I'm Tim White.